



Pre-operative Instructions

1. All surgery fees must be paid in full to our practice 4 weeks prior to your scheduled surgery.
2. Do not eat or drink anything from the midnight prior to your surgery including water, life savors or chewing gum.
3. Do not wear any make-up or nail polish to the hospital. Leave any money or valuables at home.
4. Do not wear any jewelry including watch, rings, earrings or body piercings.
5. Wear clothes that are loose and comfortable. A button-down shirt, flat shoes and loose pants are recommended.
6. If you wear glasses, contact lens or dentures, bring a case with you.
7. Take a shower and wash your hair the night before or the morning of your surgery. Do not apply any lotions, hair gel, hair spray or perfume.
8. Do not smoke at least 2 weeks prior to surgery this can interfere with healing.
9. Do not take any Ibuprofen, herbal products, aspirin, vitamin E or diet pills for at least two weeks prior to surgery. These could interfere with bleeding or anesthesia.
10. If you take prescribed aspirin or blood thinners contact the physician who ordered them to find out when to stop taking them prior to surgery and when to resume after surgery.
11. The prescriptions you were given are for after your surgery. Have them filled ahead of time. If you didn't get any they will be given to you prior to discharge from the hospital.
12. You will not be permitted to drive and will need a responsible adult to take you home after surgery. Please make arrangements ahead of time.
13. You will need to have a responsible adult stay with you at home the first 24 hours after your surgery.
14. You will be required to have pre-admission testing. The hospital will contact you approximately 10-14 days prior to your surgery. If you have not heard from them within this time frame please contact the hospital to make the arrangements to have this done.
15. If you do not have lab work or other testing done at the hospital where your surgery is scheduled, please have the results faxed to our office at 954-473-2454 at least 5 days prior to your day of surgery. Call our office at 954-752-7842, 3 business days ahead of your surgery to see if we've received the results.
16. If you do not have a post-op appointment prior to your day of surgery, please call our office after your discharge to set up an appointment.
17. Most hospitals will call you the day prior to your surgery to confirm your time of arrival. Although we try to accommodate your needs we have no control over the OR schedule.
18. Please report any colds, fevers or infections or if you need to cancel your surgery. Call with any questions at 954-752-7842.
19. Your surgery is scheduled on _